

Workshop details

**Register soon!
Space is limited!**

Workshop fee includes

- Instruction in all sessions.
- Program materials.
- Equipment use during the workshop.
- Electrical campsite for two nights. Reservations will be made for you. Bathroom and shower facilities located nearby.

You are responsible for

- Park entrance license - either a daily pass available for \$6 or an annual pass for \$28 (fees required per vehicle).
- Lodging - you will need to provide your own tent(s) or camper.
- Individual items - bedding, towels, food for at least six meals, clothing, personal items, etc.

Registration confirmation

Upon receipt of registration and payment, you will be sent a confirmation letter and a list of appropriate clothing, equipment, food, and other items that you should bring for the weekend. If you chose to purchase your annual entrance license with your registration, it will be included at that time. Campsite assignment, recipe suggestions, and class schedules will be sent approximately two weeks before the event.



Held at Lake Poinsett Recreation Area
Lake Poinsett is one of the largest lakes in the state. It was named after Joel Poinsett, U.S. Secretary of War, who promoted the exploration of the region in 1838. Today, the lakeshore provides excellent camping opportunities, as well as many other recreational activities. The park features basketball, boating, fishing, game and equipment checkout, hiking, horseshoes, picnic areas, playgrounds, swimming, volleyball, and a visitor center/museum. Located 14 miles northeast of Arlington off US Highway 81.

Outdoor cooking potluck

On Saturday night, each family will be asked to make a dish over the campfire to share with the group. Participants will provide the main dishes and desserts, we'll provide the side dishes. Recipe ingredients and instructions will be included in your final packet. All dishes are fun and easy to make, even for first-timers.

Cancellation policy

Cancellation deadline is June 1. If you cancel before June 1, you will receive a full refund. After that date, a \$15 fee will be deducted from your refund. Registrants who do not cancel before the workshop is held will be assessed the full program fee. You may send a substitute if the program coordinator is informed before June 5.



Becoming an Outdoor Family

South Dakota Game, Fish, and Parks, Division of Parks and Recreation
523 E Capitol Ave | Pierre, SD 57501 | 605-773-3391

Learning new activities • Improving your skills • Spending time together

Becoming an Outdoor Family

June 19-21, 2009 • Lake Poinsett Recreation Area
Arlington, SD



Presented by the South Dakota Game, Fish and Parks, Division of Parks and Recreation

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Becoming an Outdoor Family is a workshop focused on learning outdoor skills—skills usually associated with camping, hunting, and fishing, but useful for many outdoor pursuits. Designed primarily for families, it is an opportunity for anyone if...

- You are a beginning camping family who hopes to improve your skills.
- You would like to try some new family activities.
- You enjoy the company of like-minded families.



Weekend Schedule

Friday, June 19

- 4-7 p.m. Campsite and registration check-in
- 7:30 p.m. Opening session
Join us at the campfire to meet your fellow campers, eat a few s'mores, and compete in a marshmallow roasting contest.
- 9:30 p.m. Astronomy & stargazing

Saturday, June 20

- 8-8:45 a.m. Breakfast on your own
- 8:45-9 a.m. General assembly
- 9-11 a.m. Breakout session 1
A. Basic birding – Class does not repeat
B. Beyond hot dogs
C. Bullseye bound
D. From A to B (and everywhere in between)
E. Hands-on history
F. Hook, line, and sinker
G. Nature's canvas
- 11 a.m.-1 p.m. Family free time, lunch on your own
- 1-3 p.m. Breakout session 2
B. Beyond hot dogs
C. Bullseye bound
D. From A to B (and everywhere in between)
E. Hands-on history
F. Hook, line, and sinker
G. Nature's canvas
H. Just add water

Saturday, June 20 (continued)

- 3-5:30 p.m. Family free time
- 5:30-8 p.m. Outdoor cooking potluck, Lawn Game Olympics
We'll try out our outdoor cooking skills by preparing suggested recipes to share with the group. Then, the gold medal is on the line as families partake in some friendly competition with lawn games such as bocce ball, croquet, pong, and more.

Sunday, June 21

- 8-8:45 a.m. Breakfast on your own
- 8:45-9 a.m. General assembly
- 9-11 a.m. Breakout session 3
B. Beyond hot dogs
C. Bullseye bound
D. From A to B (and everywhere in between)
E. Hands-on history
F. Hook, line, and sinker
G. Nature's canvas
H. Just add water
- 11 a.m. Closing and evaluations
- 11:15 a.m. Family free time, lunch on your own
- 4 p.m. Checkout time from the campground

Schedule may be subject to change.

Class descriptions

A. Basic birding

You hear them, but do you ever see them? This morning session is all about the birds. We'll lend participants some of the park's birding gear to use as we join the Walk in the Park hike lead by area experts. Ages 5+. *Class does not repeat – offered only Saturday at 9 a.m.*

B. Beyond hot dogs

Campfire cooking doesn't have to mean a hot dog on a stick. Join us at this hands-on



class to learn the infinite possibilities of outdoor cooking, from hot dishes to cakes to dinner rolls. Plus, we'll try out some quick and easy recipes that the kids can do themselves, but the whole family will enjoy. Ages 5+.

C. Bullseye bound

Archery not only develops your coordination and strength, it's a recreational activity you can do your entire lifetime. Plus it's just plain cool. We'll lend you the bows, arrows, targets, and expert instruction you need to help you nail that bullseye. Ages 8+.



D. From A to B (and everywhere in between)

Although a relatively new technology, GPS has found its place with some of the most traditional outdoor activities. People all over the world use it to aid them when camping, fishing, and hiking. Participants in this class will learn the ins and outs of how to use a GPS unit, and then give it a try as they go on a modern-day treasure hunt around the park. Ages 8+.

Class sizes are limited and are filled on a first-come, first-served basis. Sessions are for registered participants only and may be subject to change.

E. Hands-on history

Not your typical history lesson, this class will let you get a real feel for the past. Participants will explore the park's interactive museum and experience life from prehistoric times to the fur trader era to today. We'll also get an up-close look at genuine arrowheads and antique animal traps, and even try to take down a mammoth! Ages 5+.

F. Hook, line, and sinker

Fishing is one of the staples of outdoor recreation, especially at Lake Poinsett. This class will introduce you to the basics – equipment, tackle, bait, fish identification, fishing knots, finding fish, and rules and regulations. Participants will even get some help perfecting their casting technique before they give it a try on their own from shore. *Fishing licenses are required of South Dakota residents 16 years or older and all non-residents. Licenses are not sold in the park, so you will need to purchase them before you come.* Ages 5+.



G. Nature's canvas

The world is your canvas. Express your creativity by crafting some nature products. You'll leave with several pieces to hang on your fridge and plenty of ideas for activities to do on your next outing. Ages 5+.

H. Just add water

If it's fun on land, it's even better in the water. In this class, participants will try out several land-based activities that easily make the jump into the lake. You'll take home several ideas to keep your family cool and entertained on a hot summer day, like water volleyball, aquatic wildlife watching, and water photography. *No lifeguard on duty.* Ages 5+.



